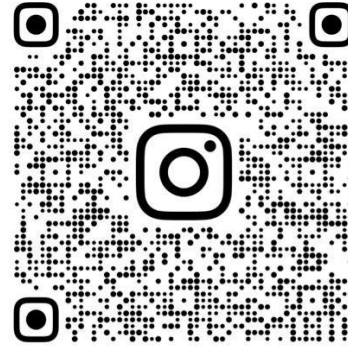
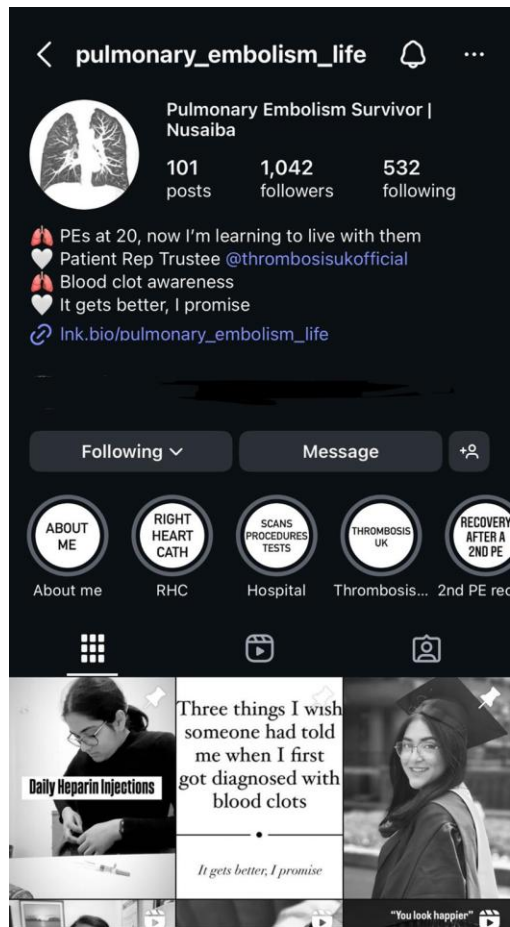


Patient Perspective on Surviving Thrombotic Events

Patient Perspective on Surviving Thrombotic Events

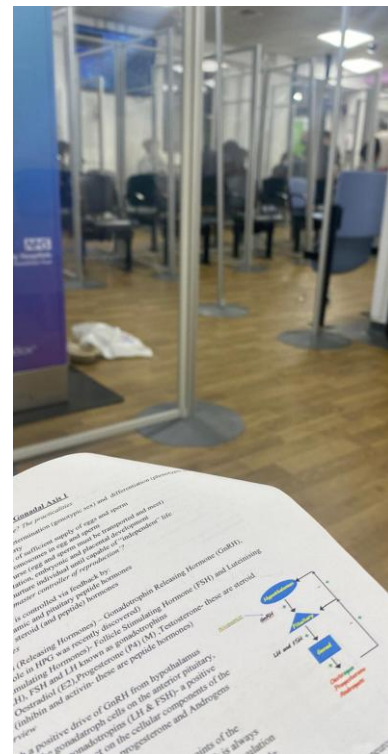
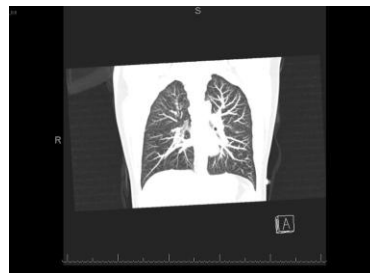


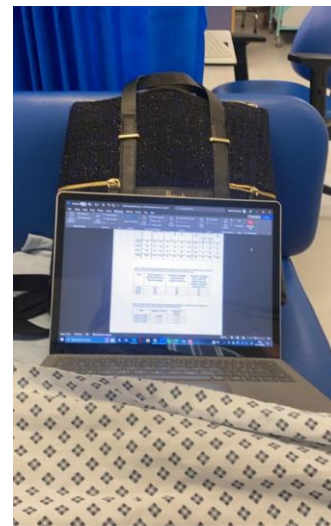
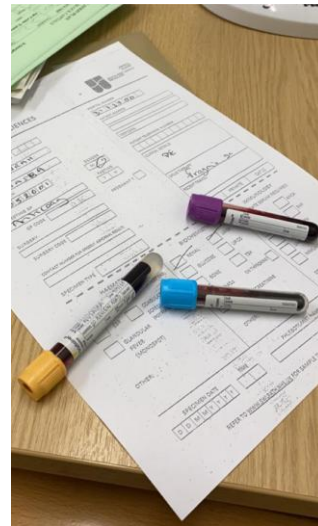


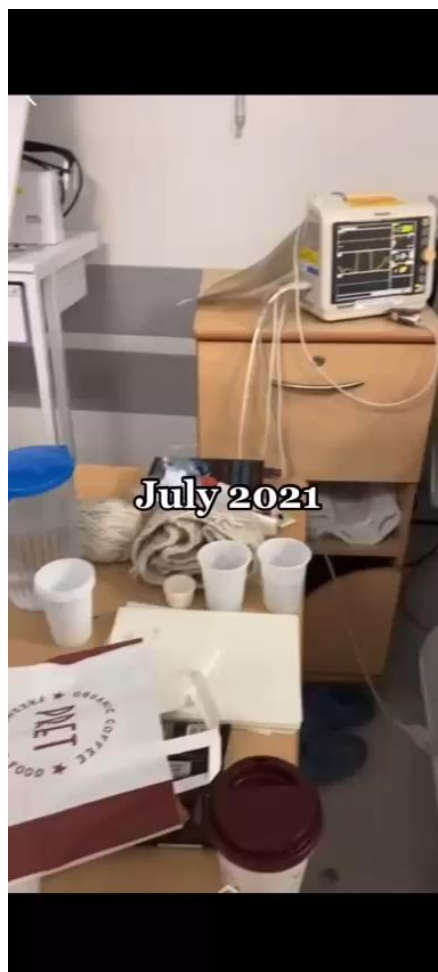


@PULMONARY_EMBOLISM_LIFE









July 2021











Encourage patients to trust their instincts when it comes to symptoms and seeking help

Signposting to support networks or charities

How isolating it is, blood thinners for life is not easy

Follow up needs to be more than a quick phone call 6 months and 1 year after diagnosis

Autonomic dysfunction post PE

The anxiety after having a clot

Do's and Don'ts when taking blood thinners

Post PE syndrome, Post Thrombotic Syndrome and Rehab

Educate patients about contraception and VTE risk

The constant worry that comes with a clot

What do you wish healthcare professionals knew about being a patient?

We need more info on rehab and exercising post clot

Lack of explanation and information after diagnosis

Anxiety symptoms are very similar to a new clot

More doctors need to know about CTED/CTEPH

How awful post thrombotic syndrome is and the health anxiety that comes from a clot

Clots can happen at any age, the difference between what triggered and cause

You can clot while taking a blood thinner!

No body warns you about heavy periods and there is no help for managing them

Talk to patients about what to expect during recovery!



National Blood Clot Alliance
Stop The Clot®

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NEW PATIENT RESOURCE GUIDE

Last updated May 21, 2024



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DOWNLOAD THE
FREE LET'S TALK
CLOTS APP

National Thrombosis Week (NTW) is an annual event hosted by Thrombosis UK to increase awareness of thrombosis.



The app shares information about blood clots

Including reducing risk, signs and symptoms, diagnosis and approved treatments as well as offers guidance and support on recovery after a blood clot.
Information shared on the Let's Talk Clots app is medically approved and has been developed in collaboration between Thrombosis UK,



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EN



About | Know Thrombosis | Support For You | Events | Take Action | Resources | Photo Gallery

How to participate in World Thrombosis Day 2025



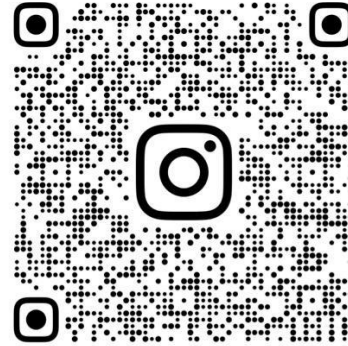
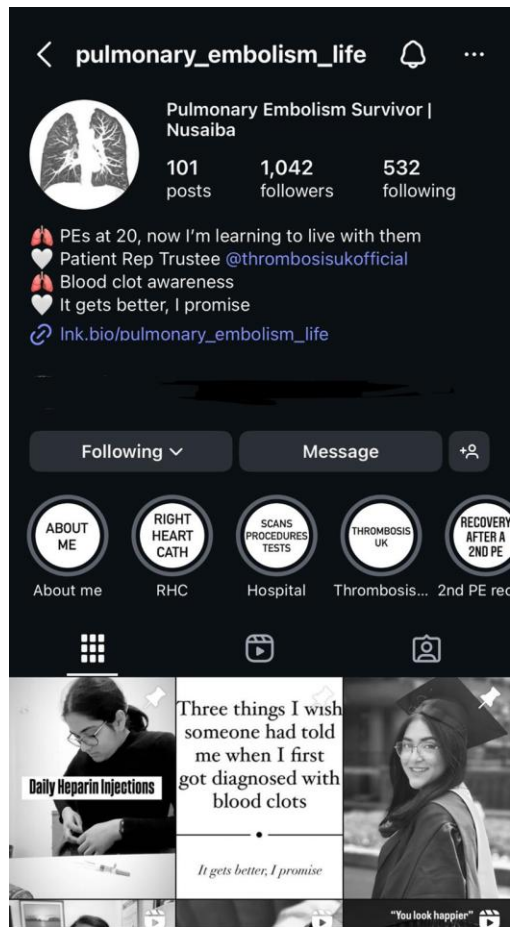
How to participate in World Thrombosis Day 2025:
Complete guide for healthcare professionals and advocates

Transform your community's understanding of blood clots by joining the global World Thrombosis Day movement. Whether you're a healthcare professional saving lives daily, a patient advocate sharing your story or a community champion, these engaging thrombosis prevention activities make it simple to participate in meaningful blood clot education.

From targeted social media campaigns to community events, discover how to contribute to the world's largest blood clot awareness initiative and help save lives in your community.

NUSAIBA MASNURAH

@PULMONARY_EMBOLISM_LIFE



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I survived,
now it's time to live



Questions

Thank you!